Better Care Fund 2023-25 Template

6. Metrics for 2023-24

Selected Health and Wellbeing Board: Rutland

8.1 Avoidable admissions

*Q4 Actual not available at time of publication

		2022-23 Q1 Actual	2022-23 Q2 Actual	2022-23 Q3 Actual	2022-23 Q4 Plan	Rationale for how ambition was set	Local plan to meet ambition
Indirectly standardised rate (ISR) of admissions per 100,000 population (See Guidance)	Indicator value	127.1	123.4	123.4	103.0	This is an area which needs to and can improve with a more focussed approach on prevention across LLR	Promotion of ARRS and the NHS app etc. Better utilisation of Community Health Beds for Step Up. Roling out of Public Health inequalties work with communities.
	Number of Admissions	70	68	68	-		
	Population	40,476	40,476	40,476	40,476		
		2023-24 Q1 Plan	2023-24 Q2 Plan	2023-24 Q3 Plan	2023-24 Q4 Plan		
	Indicator value	105	117	112	103		

>> link to NHS Digital webpage (for more detailed guidance)

8.2 Falls

		2021-22 Actual	2022-23 estimated	2023-24 Plan	Rationale for ambition	Local plan to meet ambition
Emergency hospital admissions due to falls in people aged 65 and over directly age standardised rate per 100,000.	Indicator value		1,217.1	1,155.4	Trialling falls prevention programme in care homes, which has seen a reduction in falls leading to admissions	Embedding of falls prevention programme, increasing capacity of AT from DFG
		1,565.3				
	Count	170	133	120		
	Population	10,386	10,386	10,386		

Public Health Outcomes Framework - Data - OHID (phe.org.uk)

8.3 Discharge to usual place of residence

		2022-23 Q1 Actual	2022-23 Q2 Actual	2022-23 Q3 Actual	2021-22 Q4 Plan	Rationale for how ambition was set	Local plan to meet ambition
Percentage of people, resident in the HWB, who are discharged from acute hospital to their normal place of residence	Quarter (%)	89.6%	90.7%	90.5%	90.4%	With fewer avoidable admissions the number of discharges should ultimately decrease. P2 likey to continue at 9-10% of discharges. A Lowe target is unrealistic given unavoidable discharge pathways such as Non Weight Bearing	Better utilisation of Community Health Beds; good care market sustainablity;
	Numerator	637	679	601	650		
	Denominator	711	749	664	719		
		2023-24 Q1 Plan	2023-24 Q2 Plan	2023-24 Q3 Plan	2023-24 Q4 Plan		
(SUS data - available on the Better Care Exchange)	Quarter (%)	90.7%	90.9%	91.2%	91.2%		
	Numerator	650	680	620	620		
	Denominator	717	748	680	680		

8.4 Residential Admissions

		2021-22 Actual	2022-23 Plan	2022-23 estimated	2023-24 Plan	Rationale for how ambition was set	Local plan to meet ambition
Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population	Annual Rate	705.7	280.9	196.7	193.2	The target has remained same as 2022-23 as there are challenges to make improvements. The numerator plan was 30 and the estimated actual is considerably lower at 21. The figure of 73 actual for 2021-22 is not accurate.	Utilisation of Home First, Reablement, Rapid Response, Community Health
	Numerator	73	30	21	21		
	Denominator	10,345	10,679	10,679	10,869		

Long-term support needs of older people (age 65 and over) met by admission to residential and nursing care homes, per 100,000 population (aged 65+) population projections are based on a calendar year using the 2018 based Sub-National Population Projections for Local Authorities in England:
https://www.ons.gov.uk/releases/subnationalpopulationprojectionsforengland2018based

8.5 Reablement

		2021-22 Actual	2022-23 Plan	2022-23 estimated	2023-24 Plan	Rationale for how ambition was set	Local plan to meet ambition
Proportion of older people (65 and over) who were still at home 91 days after discharge from hospital into reablement / rehabilitation services	Annual (%)	96.4%	90.0%	97.0%	95.7%	RCC is performing at a very high level and we plan to continue offering the same good quality service	Continuation of MiCare and therapy reablement offer.
	Numerator	27	45	32	44		
	Denominator	28	50	33	46		

Please note that due to the demerging of Cumbria information from previous years will not reflect the present geographies.

As such, the following adjustments have been made for the pre-populated figures above:
 - Actuals and plans for Cumberland and Westmorland and Furness are using the Cumbria combined figure for all metrics since a split was not available; Please use comments box to advise.
 - 2022-23 and 2023-24 population projections (i.e. the denominator for **Residential Admissions**) have been calculated from a ratio based on the 2021-22 estimates.